



## AIM OF THE GAME



- ▶ Try to score goals by hitting the ball through the other players legs shouting "Megs"

## EQUIPMENT



- ▶ A soft ball and a safe space indoors or outside.

## HOW TO PLAY



- ▶ Players stand facing each other at opposite ends of the playing area, the bigger the distance the harder the game.
- ▶ The first player with the ball rolls, kicks or throws the ball towards their playmate who is standing with their legs apart.
- ▶ Work with the other player to try and score as many points as possible.
- ▶ A point is scored if the ball goes through the opposite players legs and they can turn around quickly to collect the ball before it goes out of the playing area or past an end line. If the ball goes past this line or out of the playing area before it is collected, no point is scored.
- ▶ "Megs" should be shouted when the ball passes through their playmates legs.

## GAME VARIATIONS



1. Use both left and right hand or feet to hit the ball.
2. Play on a longer or shorter playing area.
3. Rather than working together, play against each other by stopping the ball going through your legs. This can be done by using one hand to block the ball.
4. As above but the player can use 2 hands.